

Trail Salads

Caprese Salad 9.99
Mixed greens, mozzarella, tomato, basil, with a balsamic drizzle.

Spinach Salad 10.99
With chicken (grilled or blackened)* 13.99

A bed of spinach with paper thin red onions, candied pecans, dried cranberries, Gorgonzola cheese, and artichoke hearts. Balsamic vinaigrette dressing.

Cobb Salad 11.99

Turkey, bacon, hard boiled egg, tomato, avocado, iceberg lettuce, diced red onion, and blue cheese crumbles. Served with your choice of dressing (balsamic vinaigrette, Asian sesame ginger, Caesar, Greek vinaigrette, blue cheese, honey mustard, thousand island).

Wedge Salad 10.99

Wedge of iceberg lettuce with bacon, cherry tomato, blue cheese crumbles, red onion, and blue cheese dressing.

Classic Caesar Salad 9.99
With chicken (grilled or blackened)* 12.99

Hearts of romaine, parmigiano reggiano cheese, herbed croutons, tossed in our own Caesar dressing.

Greek Isles Salad 10.99
With chicken (grilled or blackened)* 13.99

Tomatoes, red onions, cucumbers, calamata olives, pepperoncini peppers, imported Greek feta with mixed baby greens and a classic Greek vinaigrette.

Margarita Salad* 13.99

Mixed field greens, cashews, Mandarin oranges, red onions, gorgonzola cheese, artichoke hearts, sliced avocado, ruby red grapefruit sections, with grilled margarita chicken. Asian sesame ginger dressing.

Buffalo Chicken Salad* 12.99

Chicken breast dipped in our special batter, fried golden brown (or grilled) and dipped in our red-hot buffalo sauce. Served on a bed of romaine with grape tomatoes, cucumber, shredded carrots, and gorgonzola cheese. Served with your choice of dressing (balsamic vinaigrette, Asian sesame ginger, Caesar, Greek vinaigrette, blue cheese, honey mustard, thousand island).

Substitute a scoop of chicken salad or tuna salad for 4.99, add fish (grilled or blackened) for 5.99

Burgers And Melts*

Hamburger* 12.99

9 ounce angus burger with our special seasoning. With lettuce, tomato, onion, on challah roll. Add cheese (American, Swiss, cheddar, pepper jack, or provolone) for 1.00. Add bacon for 2.00.

Patty Melt* 12.99

9 ounce angus burger with grilled onions and cheddar cheese on grilled sourdough.

Tuna Melt 10.99

A scoop of our fresh-made white albacore tuna salad and grilled onions with cheddar cheese on grilled sourdough.

Chicken Salad Melt 10.99

A scoop of our fresh-made chicken salad and grilled onions with cheddar cheese on grilled sourdough.

Grilled Cheese 6.99

Choice of cheese (American, Swiss, cheddar, pepper jack, or provolone). Add bacon for 2.00, add tomato for 1.50

All sandwiches served on your choice of challah roll, sourdough, marbled rye, white, wheat, ciabatta, or multi-grain.

Comes with your choice of dill peppercorn potato salad, fresh fruit, cole slaw, hand-cut French fries, sweet potato fries, or house-made potato chips.

Trail Soups*

	Cup	Bowl
Chicken Noodle Soup	4.99	5.99
Chili	4.99	5.99
Soup Du Jour	4.99	5.99

All parties of 6 or more* subject to a 20% gratuity charge.

\$2.50 Split plate charge includes an extra side order.

*Consuming raw or undercooked meats, seafood, shellfish, poultry, or eggs may increase your risk of food-borne illness.

Cold Sandwiches*

Tuscan BLT* 12.99
Roasted turkey, provolone, lettuce, tomato, onion, avocado, bacon, sun-dried tomato mayo, on multi-grain.

BLT* 9.99
Bacon, lettuce, tomato, and mayo on your choice of bread.

Chicken Salad Sandwich 10.99
Our great chicken salad fresh-made daily with all white meat chicken, grapes, pecans, celery, mayo and special spices, served on your choice of bread.

Tuna Salad Sandwich 10.99
Our fresh-made white albacore tuna salad is fresh-made daily with celery, scallions, sweet pickle relish, mayo and special spices. Served on your choice of bread.

Egg Salad Sandwich 9.99
Our egg salad is fresh-made daily with chopped hard boiled eggs, mayo, salt & pepper, and Grey Poupon mustard. Served on your choice of bread.

Club Sandwich* 10.99
Roasted turkey breast, smoked bacon, lettuce, tomato and mayo. Served on your choice of bread.

Chicken Salad Club 11.99
Chicken salad fresh-made daily with all white meat chicken, grapes, pecans, celery, mayo and special spices, with smoked bacon, lettuce, tomato and mayo. Served on your choice of bread.

Good Old Fashioned Ham & Cheese 8.99
Lettuce & tomato on your choice of bread.

Good Old Fashioned Turkey & Cheese 8.99
Lettuce & tomato on your choice of bread.

D'anjou Pear & Turkey Croissant 10.99
Thinly sliced roasted turkey breast, slices of D'anjou pears, dill havarti cheese, lettuce, and tomato, with mango chutney mayo. Served on a croissant.

Bread

Your choice of challah roll, sourdough, marbled rye, sub roll, white, wheat, ciabatta, or multi-grain.

Substitute gluten-free bread for 2.00

Sides

Your choice of dill peppercorn potato salad, fresh fruit, cole slaw, hand-cut French fries, sweet potato fries, or house-made potato chips.

Hot Sandwiches*

Cuban Sandwich 10.99
Ham, pork, swiss cheese, mustard, and pickle on pressed Cuban bread.

Reuben 10.99
Thin sliced pastrami, sauerkraut, Swiss cheese, and Russian dressing on grilled marbled rye bread.

Fish Reuben* 11.99
Grilled fish, sauerkraut, Swiss cheese, and Russian dressing on grilled marbled rye bread.

Monte Cristo 10.50
Thin slices of ham, turkey, and Swiss cheese on challah bread, dipped in our French toast custard batter and grilled golden brown. Served with a side of razzleberry compote.

Portobello Sandwich 9.99
Portobello mushroom grilled with red and green peppers, grilled onions, lettuce & tomato, and choice of cheese on a toasted challah roll.

Philly Cheesesteak on a Sub Roll* 11.99
Grilled thinly shaved prime rib with grilled onions and peppers, with American cheese.

Tuscan Grill Sandwich* 10.99
Grilled chicken breast with roasted red peppers and honey mustard, Swiss cheese, lettuce, and tomato on a challah roll.

Trail Fish Sandwich* 10.99
Fish filet dipped in our special batter, fried golden brown (or grilled) and served on a challah roll with lettuce, tomato, and red onion.

Buffalo Chicken Sandwich* 9.99
Chicken breast dipped in our special batter, fried golden brown (or grilled) and dipped in our red-hot buffalo sauce and served on a challah roll with lettuce, tomato, and red onion.

Ciabatta Press* 8.99
Mozzarella, tomato, basil, and balsamic on ciabatta.

Chicken Breast Sandwich* 9.99
Grilled, fried, or blackened. with lettuce, tomato, onion on a challah roll.

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Trail Entrées

- Mom's Meatloaf** 10.99
Always a favorite, the best meatloaf ever served with garlic mashed potatoes and vegetables.
- Low Carb Grilled Fish with veggies*** 12.99
Fish fillet grilled to perfection with vegetables.
- Fish and Chips*** 13.99
Our special battered and deep-fried pieces of fish served with hand-cut French fries and cole slaw.

Cold Wraps*

- Chicken Salad Wrap** 10.99
- Tuna Salad Wrap** 10.99
- Egg Salad Wrap** 9.99
- Blackened Chicken Caesar Wrap*** 9.99
- Honey Mustard Roasted Red Pepper Turkey Wrap** 10.99
- Turkey Avocado Wrap** 10.99
- Pacific Rim Wrap*** 9.99
Cabbage, grilled chicken, cashews, Mandarin oranges, with Asian sesame ginger dressing.
- Add bacon to any wrap** 2.50

Your choice of dill peppercorn potato salad, fresh fruit, cole slaw, hand-cut French fries, sweet potato fries or house-made potato chips.

Hot Wraps*

- Philly Wrap*** 11.99
Grilled thinly shaved prime rib with grilled onions and peppers, with American cheese.
- Tuna Melt Wrap** 10.99
- Chicken Salad Melt Wrap** 9.99
- Grilled Veggie Wrap** 8.99
Sautéed broccoli, spinach, red and green peppers, onions, and portabellas in a balsamic vinaigrette.

Your choice of dill peppercorn potato salad, fresh fruit, cole slaw, hand-cut French fries, sweet potato fries or house-made potato chips.

Trail Pantry

- Homemade Potato Pancakes (3)** 6.99
Served on a bed of lettuce with a side of homemade applesauce.
- Fruit Bowl** 9.99
A bowl of the best seasonal fruit served with yogurt or cottage cheese & our homemade apricot pecan bread.
- Chicken Salad Plate** 10.99
Chicken salad on a bed of mixed greens, drizzled with Asian ginger dressing and surrounded by fresh fruit.
- Tuna Salad Plate** 10.99
Tuna salad on a bed of mixed greens, drizzled with Asian ginger dressing and surrounded by fresh fruit.
- Egg Salad Plate** 9.99
Egg salad on a bed of mixed greens, drizzled with Asian ginger dressing and surrounded by fresh fruit.
- Trio Plate** 10.99
Your choice of three of the following: Tuna salad, chicken salad, egg salad, or cottage cheese on a bed of mixed greens with tomato wedges.
- Soup & Half Sandwich** 9.99
Your choice of soup plus half of a chicken salad, egg salad, or tuna salad sandwich.
- Salad & Half Sandwich** 9.99
Your choice of a garden or Caesar salad plus half of a chicken salad, egg salad, or tuna salad sandwich.
- Soup & Salad** 8.99
Your choice of soup plus a garden or Caesar salad.
- Lox Bagel Plate** 12.99
Slices of lox, red onions, Florida tomatoes, capers, and cream cheese. Served with a toasted bagel and lemon wedges on a bed of lettuce.
- Stuffed Crown Tomato** 12.99
Stuffed with chicken salad or tuna salad, surrounded by fresh fruit.

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By The Pound

Homemade Egg Salad	8.99
Homemade Chicken Salad	10.99
Homemade White Albacore Tuna Salad	10.99
Homemade Potato Salad	5.99
Homemade Applesauce	5.99

Pastries

Cinnamon Rolls	3.99
Assorted Muffins	2.99
Chocolate Chip Cookies	1.99
Peanut Butter Cookies	1.99
Bars	2.50
Brownies	2.00

Trail Sides

Hand-cut French fries	3.50
Sweet potato fries	3.50
Homemade potato chips	3.00
Homemade potato salad	2.50
Cole Slaw	2.50
Cottage cheese	2.50
Garden salad	3.99
Side Caesar salad	3.99
Mashed potatoes	2.50
Veggies	2.50
Fresh fruit	Small 2.99 Large 6.99
Sliced tomato	3.99
Scoop of chicken or tuna salad	5.99
Side of Lox	7.99
Homemade Applesauce	2.25

Trail Canteen

Fresh ground coffee	2.50
Fresh brewed tea	2.50
Flavored tea (peach & raspberry)	2.99
Orange juice (fresh squeezed)	2.99 3.99
Grapefruit juice (fresh squeezed)	2.99 3.99
Apple juice	1.99 2.75
Cranberry juice	1.99 2.75
Tomato juice	1.99 2.75
V8	1.99 2.75
Assorted English teas (1 bag)	1.99
Fountain drinks	2.99
Milk	2.99
Chocolate milk	3.25
Hot chocolate	2.99
Cappuccino, Café Americano, Café Latte	3.99
Add flavoring for	.50
Espresso	1.99
Bottled water	2.00

Trail Cocktails, Beer & Wine

Mimosa	6.99
Made with fresh squeezed orange juice	
Bellini peach	6.99
Domestic Beers	5.00
Budweiser, Bud Light	
Imported and specialty beers	6.00
Stella Artois, Corona	
Wine by the glass	6.99
Wine by the bottle	
Red	17.00
White	15.00

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