

TRAIL Cafe **AND** Grill

• BREAKFAST •

From the Griddle.

All items served with syrup.
Extra syrup +1.

Pancakes 8.5/10.5
Short (2) or full (3).

Traditional French Toast 10.99
Topped w/powdered sugar.

Bananas Foster French Toast..... 13.99
Fresh bananas pan-fried in syrup.
Topped w/powdered sugar.

Belgian Waffle 9.5

Choice of Toppings:
Chocolate chips, whipped cream,
pecans, blueberries, bacon, banana, or
strawberries +2.25.
Extra syrup +1.
Substitute gluten-free +2.

Breakfast Sandwiches.

Served w/home fries.

Egg & Cheese 9.99
Ham, Egg & Cheese..... 10.99
Bacon, Egg & Cheese..... 10.99
Sausage, Egg & Cheese ... 10.99

Bread choice: white, rye, multi-grain,
English muffin, biscuit, brioche bun,
pumpnickel bagel, plain bagel, or
everything bagel. Croissant or gluten
free bread +2.

Choice of cheese: American, Swiss,
pepper jack, & cheddar.
Substitute egg whites +1.5.

Trail Canteen.

Fresh Ground Coffee..... 3.75
Fresh Brewed Tea 3.75
Orange Juice (Fresh-squeezed) 4.75
Apple Juice..... 3.5
V8 3.5
Assorted English Teas (1 Bag)..... 3.75
Fountain Drinks 3.75
(Coke, Diet Coke, Sprite, Ginger Ale, Club Soda)
Milk..... 3.75
Chocolate Milk 3.99
Hot Chocolate..... 3.99
Cappuccino, Café Americano,
Café Latte 4.5
Espresso..... 3.25
Bottled Water 2.99
Mimosa
(Freshly Squeezed OJ & Prosecco)..... 8.5
Wine By The Glass
(Chardonnay, Pinot Grigio) 8.5
Bud Light 6
Corona..... 7

Trail Eggs.

2 Eggs Your Way 10.99
Served w/home fries & choice of toast.

Substitute toast for pancakes (2) or
French toast (1) +2.75.

Add: sausage, turkey sausage,
Canadian bacon, or bacon +2.5.

Trail Scramble..... 13.99
Mushrooms, broccoli, scallion, bacon,
sausage, & American cheese.
Served w/toast.

Mexican Scramble 13.99
Chorizo, tomatoes, onions, green
peppers, potatoes, salsa, sour cream, &
pepper jack cheese. Served w/toast.

**Build Your Own Scramble,
Omelet, or Burrito** 8.99
Served w/home fries & choice of toast.

Veggies: +1.25ea spinach, scallions, red
peppers, green peppers, mushrooms,
tomatoes, broccoli, jalapeños, Kalamata
olives, potatoes, or capers.

Cheese: +1.5ea American, cheddar,
Swiss, pepper jack, feta, or cream cheese.

Meats: +1.75ea bacon, Canadian
bacon, sausage, turkey sausage, chicken,
chorizo. Add steak* or lox* +3.99.

Farmer's Omelet..... 13.5
Mushrooms, onions, sausage, bacon &
American cheese. Served w/toast
& home fries.

Florentine Omelet..... 12.99
Scallions, spinach, bacon, & Parmesan
cheese. Served w/toast & home fries.

Veggie Omelet 12.99
Mushrooms, spinach, tomatoes,
green peppers, red peppers, onions, &
broccoli. Served w/toast & home fries.

Bread Choice: White, rye, multi-grain,
English muffin, biscuit, pumpnickel
bagel, plain bagel, or everything bagel.
Croissant or gluten-free bread +2.

Substitute egg whites +1.5.

Substitute side of grits +1.75,
or side of fruit +2.5.

A La Carte Items.

One Egg..... 1.99
Applewood Bacon (3) 4.99
Turkey Sausage (2) 4.99
Sausage Patty (2)..... 4.99
Canadian Bacon (3)..... 4.99
Toast (2) 2.99
Bagel (Plain, Everything,
or Pumpnickel) 3.99
Homemade Biscuit 3.75

Benedicts.

Served w/home fries.

Egg Benedict* 13.25
Canadian bacon.

Florentine Benedict* 12.99
Spinach & tomato.

Lox Benedict* 14.99
Tomato & lox.

Garden Benedict* 12.99
Spinach, mushroom, & broccoli.

Sausage Benedict* 13.25
Sausage patty.

Trail Favorites.

Biscuits & Gravy 7.99⁽¹⁾/9.99⁽²⁾

Corned Beef Hash..... 13.99
Served w/2 eggs your way & toast.

Avocado Toast 12.99
Smashed avocado, cucumbers, sun-
dried tomatoes, feta cheese, topped
w/arugula salad. Served on white
country bread.

Add: one egg +1.99 or two eggs +2.99.

Bagel & Lox Plate* 14.99
Red onions, tomatoes, cucumbers,
capers, cream cheese, & lox.
Served w/choice of bagel.

Oatmeal 4.99/5.99
Add: brown sugar, peanut butter, or
raisins. +1.25. Add: blueberries, pecans,
or banana. +1.99.

Fruit Bowl..... 11.99
Mixed Fruit w/plain Greek yogurt.

Parfait..... 10.99
Greek yogurt w/splash of vanilla, granola,
mixed berries, & dash of cinnamon.

Trail Crepes.

Brittany Crepe 12.5
Stuffed w/mascarpone cheese. Topped w/
Mandarin oranges & lingonberry sauce.

**Strawberry
Banana Crepe** 12.5
Stuffed w/mascarpone cheese. Topped
w/syrup, bananas, and strawberries.

English Muffin 3.5
Croissant 3.99
Grits 2.99
Sliced Tomatoes..... 3.5
Sausage Gravy 4.5
Small Fruit 4.5
Avocado 4.99
Side of Lox* 8.99
Side of Corned Beef Hash 7.99

*Consuming raw or undercooked meats, seafood, shellfish, poultry, or eggs may increase your risk of food-borne illness.

TRAIL Cafe **AND** Grill

• LUNCH •

Trail Soups.

Chicken Noodle.....5.99/6.99

Chili6.5/7.5

Cup of Soup

& Half Sandwich 11.99

Choice of chicken salad or tuna salad.

Served on your choice of bread w/lettuce & tomato.

Substitute Chili +.5.

Salads.

Grilled Chicken

Caesar Salad..... 13.99

Green leaf, Parmesan cheese, grilled chicken, house made croutons, tossed in Caesar dressing.

Fruit Bowl..... 11.99

Mixed fruit & plain Greek yogurt.

Trail Salad..... 14.5

Mixed greens, Kalamata olives, tomatoes, cucumbers, red onion, & house roasted turkey. Served w/ranch dressing.

Salad Plate

Served on a bed of mixed green w/Asian ginger dressing & fresh fruit.

Tuna Salad or

Chicken Salad 13.99

Trail Canteen.

Fresh Ground Coffee.....3.75

Fresh Brewed Tea3.75

Orange Juice (Fresh-squeezed)4.75

Apple Juice.....3.5

V8.....3.5

Assorted English Teas (1 Bag).....3.75

Fountain Drinks3.75

(Coke, Diet Coke, Sprite, Ginger Ale, Club Soda)

Milk.....3.75

Chocolate Milk.....3.99

Hot Chocolate.....3.99

Cappuccino, Café Americano,

Café Latte4.5

Espresso.....3.25

Bottled Water2.99

Mimosa

(Freshly Squeezed Oj & Prosecco)8.5

Wine By The Glass

(Chardonnay, Pinot Grigio)8.5

Bud Light6

Corona.....7

Sandwiches.

Substitute gluten-free bread +2.

Turkey & Cheese

Sandwich..... 11.99

Lettuce & tomato on your choice of bread served w/chips.

Ham & Cheese

Sandwich..... 10.99

Lettuce & tomato on your choice of bread served w/chips.

Tuna Salad or Chicken

Salad Sandwich 12.99

Lettuce & tomato on your choice of bread served w/chips.

BLT 11.99

Bacon, lettuce, tomato, mayo on your choice of bread. Served w/chips.

Grilled Chicken

Sandwich..... 12.99

Grilled chicken, lettuce, tomato, onion on a brioche bun. Served w/chips.

Grilled Chicken

Caesar Wrap..... 12.99

Grilled chicken, leaf lettuce, Parmesan cheese and Caesar dressing. Served w/chips.

Rachel13.5

Turkey, coleslaw, Swiss & 1000 Island dressing on rye bread. Served w/chips.

Philly Cheese..... 12.99/13.99

Choice of chicken or steak. Served w/American cheese, grilled onions & peppers on a hoagie roll. Served w/chips.

Tuna Salad Melt..... 12.99

Tuna salad, grilled onions, cheddar cheese on white bread. Served w/chips.

Chicken Salad Melt..... 12.99

Chicken salad, grilled onions, cheddar cheese on white bread. Served w/chips.

Patty Melt 13.99

Grilled onions, cheddar cheese on white bread. Served w/French fries.

Grilled Cheese9.99

Served w/chips.

Choice of bread: white, rye, or multi-grain.

Choice of cheese: American, Swiss, or cheddar.

Choice of toppings: tomatoes +1.75, avocado or bacon +2.5

Burgers.

All burgers served w/French fries.

Classic Burger 13.99

Lettuce, tomato, onion, pickle, mayo, & American cheese. Served on a brioche bun.

Portobello

Mushroom Burger..... 11.99

Grilled portobello, sautéed onion, peppers, lettuce, & tomato, served on a brioche bun.

Add cheese: American, Swiss, or cheddar +1.5.

Trail Specialties.

Club Sandwich13.5

House roasted turkey, bacon, lettuce, tomato, mayo on your choice of bread. Served w/chips.

Reuben13.5

Corned beef, sauerkraut, Swiss & 1000 Island dressing on rye bread. Served w/chips.

Monte Cristo.....13.5

Thinly sliced ham, house-roasted turkey, & Swiss. Served on challah bread dipped in our French toast batter.

Served w/chips.

Bagel Lox Plate* 14.99

Red onions, tomatoes, cucumbers, capers, cream cheese, & lox. Served w/choice of bagel.

Avocado Toast 12.99

Smashed avocado, cucumbers, sun-dried tomatoes, feta cheese, topped w/arugula salad. Served on white bread.

Add: one egg +1.99 or two eggs 2.99.

A La Carte Items.

French Fries..... 4.99

Sweet Potato Fries4.99

Potato Chips.....4.99

Coleslaw3.99

Small Fruit4.5

Sliced Tomatoes.....3.5

Chicken Salad.....7.99 1/2lb ~ 11.99 1lb

Tuna Salad7.99 1/2lb ~ 11.99 1lb

Side of Lox*8.99

Avocado4.99

Chicken Breast.....6

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