

TRAIL SALADS

- Cobb Salad** 13.99
Iceberg lettuce, house-roasted turkey, bacon, hard boiled egg, tomato, avocado, diced red onion, and blue cheese crumbles. Served with your choice of dressing.
- Classic Caesar Salad** 9.99
with chicken (grilled or blackened) 12.99
Hearts of romaine, Parmigiano Reggiano cheese, homemade croutons, tossed in our own Caesar dressing.
- Greek Isles Salad** 10.99
with chicken (grilled or blackened) 13.99
Romaine, tomatoes, red onions, cucumbers, kalamata olives, pepperoncini peppers, and imported Greek feta with a classic Greek vinaigrette.
- Margarita Salad** 13.99
Mixed field greens, cashews, Mandarin oranges, red onions, Gorgonzola cheese, artichoke hearts, sliced avocado, ruby red grapefruit sections, with grilled margarita chicken. Asian sesame ginger dressing.
- Buffalo Chicken Salad*** 12.99
Romaine, grilled chicken breast, with grape tomatoes, cucumber, shredded carrots, and Gorgonzola cheese. Served with your choice of dressing. Fried 1.00

Substitute a scoop of chicken salad or tuna salad for 5.99, add fish (grilled or blackened) for 5.99

Dressings: Ranch, Balsamic vinaigrette, Asian sesame ginger, Caesar, Greek vinaigrette, blue cheese, honey mustard, thousand island. Extra Dressing 1.00

TRAIL SOUPS

	Cup	Bowl
Chicken Noodle Soup	4.99	5.99
Chili	5.50	6.50
Soup Du Jour	market price	market price

TRAIL PANTRY

- Fruit Bowl** 11.99
A bowl of the best seasonal fruit served with yogurt or our homemade apricot pecan bread.
- Salad Plate**
Served on a bed of mixed greens, drizzled with Asian ginger dressing and surrounded by fresh fruit.
with Chicken Salad 11.29
with Tuna Salad 11.29
with Egg Salad 10.29
- Soup & Half Sandwich** 9.99
Choice of chicken noodle soup or chili. Soup Du Jour 1.99. Choice of chicken salad, tuna salad, or egg salad.
- Soup & Salad** 8.99
Choice of Chicken Noodle Soup or Chili. Choice of Garden Salad or Caesar Salad. Soup Du Jour 1.99
- Lox Bagel Plate** 12.99
Lox, red onions, ripe tomatoes, capers, and cream cheese. Served with a toasted bagel on a bed of lettuce.

Ask About Our Catering!



SPECIALTIES

- Club Sandwich** 10.99
House-roasted turkey breast, smoked bacon, lettuce, tomato and mayo. Served on your choice of bread. Served with potato chips.
- D'Anjou Pear & Turkey Croissant** 10.99
Thinly sliced house-roasted turkey breast, slices of D'Anjou pears, dill Havarti cheese, lettuce, tomato, with mango chutney mayo. Served with potato chips.
- Fish & Chips** 13.99
Our house-made batter and deep-fried fish served with hand-cut french fries and coleslaw.
- Avocado Toast** 11.29
Smashed avocado, cucumber, sun dried tomato, feta, topped with arugula. Served on rustic country bread. Add one egg 1.99 or two eggs 2.99
- Quinoa Trail Bowl** 11.49
Quinoa, tomatoes, shredded carrots, red pepper, avocado, candied pecans, and sautéed arugula. Choice of Dressing: Ranch, Blue Cheese, Greek, Asian Sesame Ginger, Balsamic, and Honey Mustard. Extra dressing 1.00. Add Chicken 3.00 or steak 3.50
- Mac N Cheese** 13.50
Corkscrew pasta tossed in our homemade cheese sauce, topped with scallions and toasted crostini. Add bacon 1.99 or Chicken 2.99

COLD SANDWICHES

Served with Potato Chips.

- Substitute French Fries 1.00, Fruit 1.99, Cole Slaw 1.99, Sweet Potato Fries and Potato Salad 2.49, Add Bacon to Any Sandwich or Wrap 1.00.
- Choice of bread:** White, Wheat, Rye, Multi-grain, Sourdough, Sub Roll, Wrap 1.00. **Choice of toppings:** Lettuce, Tomato, Onion, Pickle, Jalapeños, Mayo, Yellow Mustard. Specialty Toppings: Avocado 1.50, Bacon 1.99, Kalamata Olives 1.00
- Turkey** 8.99 **Tuna Salad** 10.99
- Ham** 8.99 **Chicken Salad** . . . 10.99
- Egg Salad** . . . 9.99

HOT SANDWICHES

Substitute French Fries 1.00, Fruit 1.99, Cole Slaw 1.99, Sweet Potato Fries and Potato Salad 2.49

- BLT** (served w/potato chips) 9.99
Bacon, lettuce, tomato, and mayo on your choice of bread.
- Cuban Sandwich** (served w/potato chips) 11.29
Ham, pork, Swiss cheese, mustard, and pickle on pressed Cuban bread.
- Reuben** (served w/potato chips) 10.99
Thin sliced house-made corned beef, sauerkraut, Swiss cheese, and Russian dressing on grilled rye bread.
- Monte Cristo** (served w/potato chips) 11.50
Thin slices of ham, house-roasted turkey, & Swiss cheese on challah bread, dipped in our French toast batter and grilled golden brown. Served with a side of razzleberry compote.
- Philly Cheesesteak** (served w/potato chips) 11.99
Choice of Chicken or Steak, grilled onions and peppers topped with white American cheese. Substitute for a wrap 1.00
- Trail Fish Sandwich** (served w/potato chips) .. 10.99
Grilled fish filet, served on Brioche bun with lettuce, tomato, and red onion, with lemon aioli. Fried 1.00
- Chicken Breast Sandwich** (served w/potato chips) 10.99
Grilled, blackened, fried 1.00, or Buffalo 1.29. With lettuce, tomato, red onion on brioche bun.
- Blackened Chicken Caesar Wrap** 9.99

Consuming raw or undercooked meats, seafood, shellfish, poultry, or eggs may increase your risk of food-borne illness. **★ = Trail Favorite**

BURGERS

- Substitute potato chips, cole slaw or fruit 1.99, sweet potato fries or potato salad 2.49
- Trail Burger** (served w/fries) 13.50
100% ground chuck beef patty, topped w/ fig jam, bacon, caramelized onion, Brie cheese, and arugula. Served on a brioche bun.
- Traditional Burger** (served w/fries) 12.99
100% ground chuck beef patty, topped with lettuce, tomato, onion. Served on a brioche bun. Add cheese: American, Cheddar, Swiss, or Pepper-Jack \$1.25. Add Bacon or Avocado 2.29
- Portobello Burger** (served w/fries) 9.99
Portobello mushroom grilled with red and green pepper, grilled onions, lettuce, tomato. Served on a brioche bun.

MELTS

- Substitute French fries 1.00, cole slaw 1.99, fruit 1.99, sweet potato fries and potato salad 2.49. Add bacon 1.99
- Grilled Cheese** (served w/potato chips) 6.99
Choice of cheese: American, Swiss, cheddar, or pepper jack. Add bacon for 2.29, add tomato for 1.50
- Patty Melt** (served w/potato chips) 12.99
100% ground chuck beef patty with grilled onions and cheddar cheese on grilled sourdough.
- Tuna Melt** (served w/potato chips) 11.29
A scoop of our fresh-made white albacore tuna salad and grilled onions with cheddar cheese on grilled sourdough. Make into a wrap 1.00
- Chicken Salad Melt** (served w/potato chips) 11.29
A scoop of our fresh-made chicken salad and grilled onions with cheddar cheese on grilled sourdough. Make into a wrap 1.00

TRAIL SIDES

- Hand-cut French fries** 3.50
- Sweet Potato Fries** 3.99
- Homemade Potato Chips** 3.00
- Homemade Potato Salad** 2.99
- Homemade Hand-shredded Coleslaw** 2.79
- Small Fruit** 3.25
- Sliced Tomato** 3.25
- Scoop of Chicken Salad** 5.99
- Scoop of Tuna Salad** 5.99
- Homemade Egg Salad** 4.50
- Side of Lox** 7.99
- Homemade Applesauce** 2.99
- Avocado** 3.99
- Chicken Breast** 4.99

TRAIL CANTEEN

- Fountain Drinks** 2.99
Coke, Diet Coke, Sprite, Ginger Ale, Club Soda
- Bottled Water** 2.00
- Perrier** 3.00
- Fresh Ground Coffee** 2.79
- Fresh Brewed Tea** 3.00
- Orange juice** (fresh squeezed) 3.99
- Grapefruit juice** (fresh squeezed) 3.99
- Apple juice** 2.75
- V8** 2.75
- Assorted English Teas** (1 bag) 2.00
- Milk** 3.25
- Chocolate Milk** 3.75
- Hot Chocolate** 2.99
- Cappuccino, Café Americano, Café Latte** ... 3.99
- Espresso** 1.99

