

TRAIL Cafe **AND** Grill

• BREAKFAST •

From the Griddle.

All items served with maple syrup.

Pancakes 6.99/8.99

Short (2) or full (3).

Traditional French Toast 8.99

Topped w/powdered sugar.

Bananas Foster

French Toast..... 12.99

Fresh bananas pan-fried in maple syrup. Topped w/powdered sugar & whipped cream.

Cinnamon Roll

French Toast..... 12.29

Topped w/icing & powdered sugar.

Belgian Waffle 7.99

Choice of toppings:

Chocolate chips or whipped cream +1.25.

Pecans, blueberries, bacon, banana, or strawberries +2.

Extra maple syrup +2.

Substitute gluten-free +2.

Breakfast Sandwiches.

Egg & Cheese 6.99

Ham, Egg & Cheese..... 8.29

Bacon, Egg & Cheese 8.50

Sausage, Egg & Cheese 8.75

Bread choice: white, rye, multigrain, English muffin, biscuit, brioche bun, pumpernickel bagel, plain bagel, or everything bagel. croissant or gluten free bread +1.

Choice of cheese: American, Swiss, pepper jack, & cheddar.

Substitute egg whites +1.

Trail Canteen.

Fresh ground coffee 2.79

Fresh brewed tea 3.00

Orange juice (fresh squeezed) 3.99

Apple juice 2.75

V8 2.75

Assorted English teas (1 bag) 2.00

Fountain drinks 2.99

(Coke, Diet Coke, Sprite, Ginger Ale, Club Soda).

Milk 2.99

Chocolate milk 3.25

Hot chocolate 2.99

Cappuccino, Café Americano,

Café Latte 3.99

Espresso 2.00

Bottled water 2.00

Trail Eggs.

2 Eggs Your Way 9.99

Served w/home fries & choice of toast.

Substitute toast for pancakes (2) or French toast +2.

Add: sausage, turkey sausage, or Canadian bacon 1.50. Add bacon 1.99.

Trail Scramble..... 12.49

Mushrooms, broccoli, scallion, bacon, sausage, & American cheese.

Served w/toast.

Mexican Scramble 12.49

Chorizo, tomatoes, onions, green peppers, potatoes, salsa, sour cream, & pepper jack cheese. Served w/toast.

Build Your Own Scramble, Omelet, or Burrito 5.99

All scrambles and omelets served w/ your choice of toast. Add 4 or more toppings and home fries are included.

Veggies: +.75ea spinach, scallions, red peppers, green peppers, mushrooms, tomatoes, broccoli, jalapeños, Kalamata olives, potatoes or capers.

Cheese: +1ea American, cheddar, Swiss pepper jack feta, or cream cheese.

Meats: +1.50ea bacon, Canadian bacon, sausage, turkey sausage, chicken, chorizo. add steak or lox +2.99.

Farmer's Omelet..... 11.99

Mushrooms, onions, sausage, bacon & American cheese. served w/toast & home fries.

Florentine Omelet..... 11.25

Scallions, spinach, bacon, & Parmesan cheese. Served w/toast & home fries.

Veggie Omelet 11.50

Mushrooms, spinach, tomatoes, green peppers, red peppers, onions, & broccoli. Served w/toast & home fries.

Bread Choice: White, rye, multigrain, English muffin, biscuit, pumpernickel bagel, plain bagel, or everything bagel. croissant or gluten-free bread +1.

Substitute egg whites +1.

Substitute grits 1.29, or side of fruit 1.99.

A La Carte Items.

One egg 1.99

Applewood bacon (3)..... 3.99

Turkey sausage (2)..... 3.99

Sausage patty (2)..... 3.99

Canadian bacon (3) 3.99

Toast (2) 2.25

Bagel (plain, everything, or pumpernickel) 2.50

Homemade biscuit..... 2.75

Benedicts.

Egg Benedict..... 9.99

Canadian bacon.

Florentine Benedict 10.25

Spinach & tomato.

Lox Benedict..... 12.99

Tomato & lox.

Garden Benedict 10.50

Spinach, mushroom, & broccoli.

Sausage Benedict 11.25

Sausage patty.

Trail Favorites.

Biscuits & Gravy... 5.99⁽¹⁾/7.99⁽²⁾

Corned Beef Hash..... 12.25

Served w/2 eggs your way & toast.

Avocado Toast 11.50

Smashed avocado, cucumbers, sun-dried tomatoes, feta cheese, topped w/ arugula salad. Served on white country bread.

Add one egg +1.99 or two eggs 2.99.

Bagel & Lox Plate 12.99

Red onions, tomatoes, cucumbers, capers, cream cheese, & lox. Served w/ choice of bagel.

Oatmeal 2.99/4.99

Add: brown sugar, peanut butter, or raisins. +.75. add: blueberries, pecans, or banana. +1.25.

Fruit Bowl..... 9.99

Mixed Fruit.

Parfait..... 8.99

Greek yogurt w/splash of vanilla, granola, mixed berries, & dash of cinnamon.

Trail Crepes.

Brittany Crepe 10.99

Mandarin oranges & lingonberry sauce.

Strawberry

Banana Crepe 11.29

Topped w/syrup.

Consuming raw or undercooked meats, seafood, shellfish, poultry, or eggs may increase your risk of food-borne illness.

TRAIL Cafe **AND** Grill

• LUNCH •

Trail Soups.

Chicken Noodle.....4.99/5.99

Chili5.50/6.50

Cup of Soup
& Half Sandwich9.99

Choice of chicken salad or tuna salad.
Served on your choice of bread w/
lettuce & tomato.

Substitute Chili +.50.

Salads.

Chicken Caesar Salad..... 12.99

Fruit Bowl.....9.99

Trail Salad..... 14.50

Mixed greens, Kalamata olives,
tomatoes, cucumbers, red onion, &
turkey. Served w/ranch dressing.

Salad Plate

Served on a bed of mixed green w/Asian
ginger dressing & fresh fruit.

» Tuna Salad or Chicken Salad 12

» Smoked Salmon..... 13.5

Build Your Own Salad 7

Choice of greens: mixed greens or
green leaf.

Choice of toppings: tomatoes,
cucumbers, red onion, mandarin
oranges, green peppers, red peppers,
broccoli, jalapeños, sun-dried tomatoes,
croutons, +.75 each.

Choice of specialty toppings: pecans,
Kalamata olives, avocado, bacon,
feta cheese, Parmesan cheese, egg,
blueberries, strawberries +1.25 each.

Choice of protein: grilled chicken,
turkey, grilled portobello mushroom,
smoked salmon, chicken salad, or tuna
salad. +3.99 each.

Choice of extra dressing: ranch,
balsamic, Caesar, sesame ginger,
thousand island. Extra +1.

A La Carte Items.

Hand-cut French Fries..... 3.50

Sweet Potato Fries3.99

Potato Chips.....3.00

Coleslaw3.50

Macaroni Salad.....3.50

Small Fruit3.25

Sliced Tomatoes.....3.25

Chicken Salad 5.99 1/2lb or 10.99 1lb

Tuna Salad 5.99 1/2lb or 10.99 1lb

Side of Lox7.99

Avocado3.99

Chicken Breast.....4.99

Sandwiches.

Build your own Sandwich

Served w/potato chips.

Turkey or Ham.....8.99

Tuna or Chicken Salad..... 10.99

Choose your bread: white, rye,
multigrain, hoagie roll. Add wrap or
croissant +1.

Choose your cheese: American, Swiss,
cheddar, or pepper jack.

Choose your toppings:

Lettuce, tomato, red onions, pickles,
jalapeno, mayo, mustard.

Choose your specialty toppings:
Kalamata olives +1, avocado +1.50, &
bacon +1.99.

Club Sandwich.....11.5

House roasted turkey, bacon, lettuce,
tomato, mayo on your choice of bread.
Served w/chips.

BLT9.99

Bacon, lettuce, tomato, mayo on your
choice of bread. Served w/chips.

Grilled Chicken

Sandwich..... 10.99

Grilled chicken, lettuce, tomato, onion
on a brioche bun. Served w/chips.

Reuben 10.99

Corned beef, sauerkraut, Swiss & Russian
dressing on rye bread. Served w/chips.

Rachel 11.25

Turkey, coleslaw, Swiss & Russian
dressing on rye bread. Served w/chips.

Philly Cheese..... 11.99

Choice of chicken or steak. Served w/
American cheese, grilled onions &
peppers on a hoagie roll. Served w/chips.

Tuna Salad Melt 11.29

Tuna salad, grilled onions, cheddar
cheese on white bread. Served w/chips.

Chicken Salad Melt 11.29

Chicken salad, grilled onions, cheddar
cheese on white bread. Served w/chips.

Patty Melt 12.99

Grilled onions, cheddar cheese on white
bread. Served w/French fries.

Grilled Cheese7.99

Served w/chips.

Choice of bread: white, rye, or
multigrain. Choice of cheese:
American, Swiss, or cheddar.

Choice of toppings: tomatoes +1.50,
avocado or bacon +1.99

Burgers.

All burgers served w/French fries.

Classic Burger 13

Lettuce, tomato, onion, pickle, mayo, &
American cheese. Served on a brioche
bun.

Western Burger..... 13.75

Grilled onions & mushrooms, bacon,
BBQ sauce, & cheddar cheese. Served
on a brioche bun.

Portobello

Mushroom Burger..... 10.75

Grilled portobello, sautéed onion,
peppers, lettuce, & tomato, served on
a brioche bun. Add cheese: American,
Swiss, or cheddar +1.25.

Trail Favorites.

Monte Crisco 11.50

Thinly sliced ham, house-roasted turkey,
& Swiss. Served on challah bread dipped
in our French toast batter.

Served w/chips.

Meatloaf Melt 12.99

Homemade meatloaf, American cheese,
grilled onion + mushrooms, on country
rustic bread. Served w/French fries.

Hot Dog 10.99

10" all beef hot dog.

Served w/French fries.

Topped w/ your choice of onion,
tomatoes, sauerkraut, or relish.

Add cheese +1.25, bacon or avocado
+1.99 each.

Bagel Lox Plate 12.99

Red onions, tomatoes, cucumbers,
capers, cream cheese, & lox.
Served w/choice of bagel.

Avocado Toast 11.50

Smashed avocado, cucumbers, sundried
tomatoes, feta cheese, topped w/arugula
salad. Served on white country bread.

Add one egg +1.99 or two eggs 2.99.

Trail Canteen.

Fresh ground coffee2.79

Fresh brewed tea3.00

Orange juice (fresh squeezed)3.99

Apple juice or V8.....2.75

Assorted English teas (1 bag)2.00

Fountain drinks.....2.99

(Coke, Diet Coke, Sprite, Ginger Ale, Club Soda)

Milk or Hot Chocolate2.99

Chocolate milk3.25

Cappuccino, Café

Americano, Café Latte3.99

Espresso2.00

Bottled water2.00

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