

# TRAIL Cafe AND Grill

• BREAKFAST •

## From the Griddle.

All items served with syrup.  
Extra syrup +1.

**Pancakes** ..... 7.99/9.99  
Short (2) or full (3).

**Traditional French Toast** ..... 9.99  
Topped w/powdered sugar.

**Bananas Foster French Toast** ..... 13.99  
Fresh bananas pan-fried in syrup.  
Topped w/powdered sugar.

**Belgian Waffle** ..... 8.99

**Choice of Toppings:**  
Chocolate chips, whipped cream,  
pecans, blueberries, bacon, banana, or  
strawberries +2.25.  
Extra syrup +1.  
Substitute gluten-free +2.

## Breakfast Sandwiches.

Served w/home fries.

**Egg & Cheese** ..... 8.99  
**Ham, Egg & Cheese** ..... 9.99  
**Bacon, Egg & Cheese** ..... 9.99  
**Sausage, Egg & Cheese** ..... 9.99

**Bread choice:** white, rye, multi-grain,  
English muffin, biscuit, brioche bun,  
pumpnickel bagel, plain bagel, or  
everything bagel. Croissant or gluten  
free bread +2.

**Choice of cheese:** American, Swiss,  
pepper jack, & cheddar.  
Substitute egg whites +1.50.

## Trail Canteen.

Fresh ground coffee ..... 3.75  
Fresh brewed tea ..... 3.75  
Orange juice (fresh squeezed) ..... 4.50  
Apple juice ..... 3.25  
V8 ..... 3.25  
Assorted English teas (1 bag) ..... 3.25  
Fountain drinks ..... 3.75  
(Coke, Diet Coke, Sprite, Ginger Ale, Club Soda).  
Milk ..... 3.50  
Chocolate milk ..... 3.75  
Hot chocolate ..... 3.75  
Cappuccino, Café Americano,  
Café Latte ..... 4.50  
Espresso ..... 3.25  
Bottled water ..... 2.75  
Mimosa  
(Freshly squeezed OJ & Prosecco) ..... 8.50  
Wine by the glass  
(Chardonnay, Pinot Grigio) ..... 8.50  
Bud Light ..... 6.00  
Corona ..... 7.00

## Trail Eggs.

**2 Eggs Your Way** ..... 10.99  
Served w/home fries & choice of toast.

Substitute toast for pancakes (2) or  
French toast (1) +2.75.

**Add:** sausage, turkey sausage, Canadian  
bacon, or bacon +2.50.

**Trail Scramble** ..... 13.99  
Mushrooms, broccoli, scallion, bacon,  
sausage, & American cheese.  
Served w/toast.

**Mexican Scramble** ..... 13.99  
Chorizo, tomatoes, onions, green  
peppers, potatoes, salsa, sour cream, &  
pepper jack cheese. Served w/toast.

**Build Your Own Scramble,  
Omelet, or Burrito** ..... 7.99  
Served w/home fries & choice of toast.

**Veggies:** +1.25ea spinach, scallions, red  
peppers, green peppers, mushrooms,  
tomatoes, broccoli, jalapeños, Kalamata  
olives, potatoes, or capers.

**Cheese:** +1.50ea American, cheddar,  
Swiss, pepper jack, feta, or cream cheese.

**Meats:** +1.75ea bacon, Canadian  
bacon, sausage, turkey sausage, chicken,  
chorizo. Add steak or lox +3.99.

**Farmer's Omelet** ..... 12.99  
Mushrooms, onions, sausage, bacon  
& American cheese. Served w/toast &  
home fries.

**Florentine Omelet** ..... 12.5  
Scallions, spinach, bacon, & Parmesan  
cheese. Served w/toast & home fries.

**Veggie Omelet** ..... 12.5  
Mushrooms, spinach, tomatoes,  
green peppers, red peppers, onions, &  
broccoli. Served w/toast & home fries.

**Bread Choice:** White, rye, multi-grain,  
English muffin, biscuit, pumpnickel  
bagel, plain bagel, or everything bagel.  
Croissant or gluten-free bread +2.  
Substitute egg whites +1.50.

Substitute side of grits +1.75, or side of  
fruit +2.50.

## A La Carte Items.

One egg ..... 1.99  
Applewood bacon (3) ..... 4.50  
Turkey sausage (2) ..... 4.50  
Sausage patty (2) ..... 4.50  
Canadian bacon (3) ..... 4.50  
Toast (2) ..... 2.75  
Bagel (plain, everything,  
or pumpnickel) ..... 3.50  
Homemade biscuit ..... 3.75

## Benedicts.

Served w/home fries.

**Egg Benedict** ..... 12.75  
Canadian bacon.

**Florentine Benedict** ..... 12.75  
Spinach & tomato.

**Lox Benedict** ..... 13.99  
Tomato & lox.

**Garden Benedict** ..... 12.75  
Spinach, mushroom, & broccoli.

**Sausage Benedict** ..... 12.75  
Sausage patty.

## Trail Favorites.

**Biscuits & Gravy** ... 7.99(1)/9.99(2)

**Corned Beef Hash** ..... 12.99  
Served w/2 eggs your way & toast.

**Avocado Toast** ..... 12.5  
Smashed avocado, cucumbers, sun-  
dried tomatoes, feta cheese, topped w/  
arugula salad. Served on white  
country bread.

**Add:** one egg +1.99 or two eggs +2.99.

**Bagel & Lox Plate** ..... 13.99  
Red onions, tomatoes, cucumbers,  
capers, cream cheese, & lox. Served w/  
choice of bagel.

**Oatmeal** ..... 3.99/5.99  
**Add:** brown sugar, peanut butter, or  
raisins. +1.25. Add: blueberries, pecans,  
or banana. +1.99.

**Fruit Bowl** ..... 10.99  
Mixed Fruit w/plain Greek yogurt.

**Parfait** ..... 9.99  
Greek yogurt w/splash of vanilla, granola,  
mixed berries, & dash of cinnamon.

## Trail Crepes.

**Brittany Crepe** ..... 11.99  
Stuffed w/mascarpone cheese. Topped w/  
Mandarin oranges & lingonberry sauce.

**Strawberry  
Banana Crepe** ..... 11.99  
Stuffed w/mascarpone cheese. Topped  
w/syrup, bananas, and strawberries.

English muffin ..... 3.00  
Croissant ..... 3.50  
Grits ..... 2.99  
Sliced tomatoes ..... 3.50  
Sausage gravy ..... 3.50  
Small fruit ..... 3.99  
Avocado ..... 4.50  
Side of lox ..... 8.99  
Side of corned beef hash ..... 7.99

Consuming raw or undercooked meats, seafood, shellfish, poultry, or eggs may increase your risk of food-borne illness.

# TRAIL Cafe **AND** Grill

• LUNCH •

## Trail Soups.

Chicken Noodle.....4.99/5.99

Chili .....5.5/6.5

Cup of Soup  
& Half Sandwich ..... 10.99

Choice of chicken salad or tuna salad.  
Served on your choice of bread  
w/lettuce & tomato.

Substitute Chili +.50.

## Salads.

Grilled Chicken  
Caesar Salad..... 13.99

Green leaf, Parmesan cheese, grilled  
chicken, house made croutons, tossed  
in Caesar dressing.

Fruit Bowl..... 10.99

Mixed fruit & plain Greek yogurt.

Trail Salad..... 14.5

Mixed greens, Kalamata olives,  
tomatoes, cucumbers, red onion,  
& house roasted turkey.  
Served w/ranch dressing.

### Salad Plate

Served on a bed of mixed green w/Asian  
ginger dressing & fresh fruit.

Tuna Salad or  
Chicken Salad ..... 13.99

## Trail Canteen.

Fresh ground coffee ..... 3.75

Fresh brewed tea..... 3.75

Orange juice (fresh squeezed)..... 4.50

Apple juice ..... 3.25

V8..... 3.25

Assorted English teas (1 bag) ..... 3.25

Fountain drinks ..... 3.75

(Coke, Diet Coke, Sprite, Ginger Ale, Club Soda)

Milk..... 3.50

Chocolate milk ..... 3.75

Hot chocolate ..... 3.75

Cappuccino, Café Americano,

Café Latte ..... 4.50

Espresso..... 3.25

Bottled water ..... 2.75

Mimosa

(Freshly squeezed OJ & Prosecco) ..... 8.50

Wine by the glass

(Chardonnay, Pinot Grigio) ..... 8.50

Bud Light ..... 6.00

Corona..... 7.00

## Sandwiches.

Substitute gluten-free bread +2.

Turkey & Cheese  
Sandwich..... 10.99

Lettuce & tomato on your choice of  
bread served w/chips.

Ham & Cheese  
Sandwich..... 9.99

Lettuce & tomato on your choice of  
bread served w/chips.

Tuna Salad or Chicken  
Salad Sandwich ..... 11.99

Lettuce & tomato on your choice of  
bread served w/chips.

BLT ..... 10.99

Bacon, lettuce, tomato, mayo on your  
choice of bread. Served w/chips.

Grilled Chicken  
Sandwich..... 11.99

Grilled chicken, lettuce, tomato, onion  
on a brioche bun. Served w/chips.

Rachel ..... 12.99

Turkey, coleslaw, Swiss & Russian  
dressing on rye bread. Served w/chips.

Philly Cheese..... 12.99/13.99

Choice of chicken or steak. Served w/  
American cheese, grilled onions &  
peppers on a hoagie roll. Served w/chips.

Tuna Salad Melt ..... 12.5

Tuna salad, grilled onions, cheddar  
cheese on white bread. Served w/chips.

Chicken Salad Melt ..... 12.5

Chicken salad, grilled onions, cheddar  
cheese on white bread. Served w/chips.

Patty Melt ..... 13.99

Grilled onions, cheddar cheese on white  
bread. Served w/French fries.

Grilled Cheese ..... 8.99

Served w/chips.

**Choice of bread:** white, rye,  
or multi-grain.

**Choice of cheese:** American, Swiss,  
or cheddar.

**Choice of toppings:** tomatoes +1.75,  
avocado or bacon +2.50

## A La Carte Items.

Hand-cut French Fries ..... 4.50

Sweet Potato Fries ..... 4.99

Potato Chips ..... 3.99

Coleslaw ..... 3.99

Small Fruit ..... 3.99

Sliced Tomatoes ..... 3.50

Chicken Salad ..... 6.99 1/2lb or 10.99 1lb

Tuna Salad ..... 6.99 1/2lb or 10.99 1lb

Side of Lox ..... 8.99

Avocado ..... 4.50

Chicken Breast..... 5.50

## Burgers.

All burgers served w/French fries.

Classic Burger ..... 13.99

Lettuce, tomato, onion, pickle, mayo,  
& American cheese. Served on a  
brioche bun.

Portobello  
Mushroom Burger..... 11.99

Grilled portobello, sautéed onion,  
peppers, lettuce, & tomato, served on a  
brioche bun.

**Add cheese:** American, Swiss, or  
cheddar +1.50.

## Trail Specialties.

Club Sandwich ..... 12.99

House roasted turkey, bacon, lettuce,  
tomato, mayo on your choice of bread.  
Served w/chips.

Reuben ..... 12.99

Corned beef, sauerkraut, Swiss & Russian  
dressing on rye bread. Served w/chips.

Monte Cristo ..... 12.99

Thinly sliced ham, house-roasted turkey,  
& Swiss. Served on challah bread dipped  
in our French toast batter.  
Served w/chips.

Bagel Lox Plate ..... 13.99

Red onions, tomatoes, cucumbers,  
capers, cream cheese, & lox.  
Served w/choice of bagel.

Avocado Toast ..... 12.5

Smashed avocado, cucumbers, sun-  
dried tomatoes, feta cheese, topped w/  
arugula salad. Served on white country  
bread.

**Add:** one egg +1.99 or two eggs 2.99.

Consuming raw or undercooked meats, seafood, shellfish, poultry, or eggs may increase your risk of food-borne illness.